

Transcript: Real Morning Report

Like most women in commercials, I love to start each day doing yoga in my underwear, or journaling in my journaling nook, and eating a wholesome farm fresh breakfast with a tiny spoon, that I bought from a company that gives tiny spoons to underprivileged children.

According to science, most professional women don't have time for any of that. Not that we need research to prove it, but there's research to prove it.

57% of us are up before the sun is up.

21% of us check our work email before even getting out of bed.

What?

Let's go get that morning meeting.

9% of women cite dry shampoo as one of the greatest inventions of the 20th century.

I'm done.

33% of us never make our bed
Like....ever.

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21% of us have used an article of clothing to camouflage a stain. Very nice.

Only 16% of women would describe their morning with the hashtag: #blessed, and that seems kinda high.

58% of women will swear at someone or something this morning.

Oh ___!

You know what 100% of us do have time for?

A real-life Pinterest board?

Fermenting your own small-batch kombucha? Crow pose?

No! An organic breakfast in a bottle!

That's why we created Organic Balance.

Crow pose!

A nutritious organic breakfast with 16 grams of protein and half the day's calcium, so you can seize the cray.

Find out what real women's mornings are really like at RealMorningReport.com